

Help us Send Care Packages to our Troops in Iraq, Afghanistan, and the Gulf!

Our Mission

The Operation: Care and Comfort Military Care Package Program exists to provide support and comfort to “adopted” units of deployed U.S. military service members, serving in Iraq, Afghanistan, and conflict regions, by sending care packages containing needed items. We ship to these units on a monthly basis, until they return home. We then adopt another unit to take their place.

What We Have Accomplished

From April 2003 through January 2005, our **all-volunteer program** has shipped over 2000 shipping boxes totaling nearly 80,000 pounds of needed items for distribution to Marine, Army, Air Force, Navy, and Coast Guard personnel deployed in the conflict regions. Our plan is to continue to ship a minimum of 20 boxes/500 pounds per week for as long as the need exists.

How You Can Participate

Any person or organization who would like to help send care and comfort to our service members can participate by donating needed items (see list). The program also accepts cash donations to cover the cost of shipping packages overseas. **Please make checks payable to: Red Cross Operation: Care and Comfort** and your tax deductible contribution will be used specifically for this program. Credit card donations are also accepted online, at www.operationcareandcomfort.org. All donations are tax deductible. **At \$1 a pound, donations to cover shipping costs is our greatest need.**

For other easy ways to help, please contact the program coordinators:

Julie DeMaria (408) 373-8635 troopsupport@comcast.net

Randy Bye (408) 577-2192 occrjb@yahoo.com

Cookie Crissman (408) 590-0731 cookie@piperitesystems.com

Help us Send Care Packages to our Troops in Iraq, Afghanistan, and the Gulf!

Our Mission

The Operation: Care and Comfort Military Care Package Program exists to provide support and comfort to “adopted” units of deployed U.S. military service members, serving in Iraq, Afghanistan, and conflict regions, by sending care packages containing needed items. We ship to these units on a monthly basis, until they return home. We then adopt another unit to take their place.

What We Have Accomplished

From April 2003 through January 2005, our **all-volunteer program** has shipped over 2000 shipping boxes totaling nearly 80,000 pounds of needed items for distribution to Marine, Army, Air Force, Navy, and Coast Guard personnel deployed in the conflict regions. Our plan is to continue to ship a minimum of 20 boxes/500 pounds per week for as long as the need exists.

How You Can Participate

Any person or organization who would like to help send care and comfort to our service members can participate by donating needed items (see list). The program also accepts cash donations to cover the cost of shipping packages overseas. **Please make checks payable to: Red Cross Operation: Care and Comfort** and your tax deductible contribution will be used specifically for this program. Credit card donations are also accepted online, at www.operationcareandcomfort.org. All donations are tax deductible. **At \$1 a pound, donations to cover shipping costs is our greatest need.**

For other easy ways to help, please contact the program coordinators:

Julie DeMaria (408) 373-8635 troopsupport@comcast.net

Randy Bye (408) 577-2192 occrjb@yahoo.com

Cookie Crissman (408) 590-0731 cookie@piperitesystems.com

Shopping List

Individually wrapped hard candy (Twizzlers, Tootsie Rolls, Tootsie Pops, Skittles, lollipops, Life Savers, Jolly Ranchers, Sweet Tarts, etc), Chewing Gum, Bubble Gum, Mints, Breath Strips (no chocolate or home made items)

Nuts, Seeds, Pretzels, Cookies, Chips (Pringle type containers best), Cracker Jacks, Crackers

Trail Mix, Energy Bars, Breakfast and Granola Bars, Instant Oatmeal, Kraft Easy Mac, Ramen, Cup a Noodles

Powdered, Sweetened Drink Mixes (Gatorade, Crystal Light, Kool-Aid), Ground or Instant Coffee, Tea Bags, Hot Chocolate, Cider Mix

Canned Tuna and Chicken (NO PORK!) Beef/Turkey Jerky, Stews, Chili , Raviolis, Soups, Fruit (NO PORK! Pop-top Cans, if Possible)

Personal, Hygiene and Toiletries (We are currently limiting our collections to the following items.)

Disposable Razors, Eye drops, Saline Nose Drops, Unscented Baby Wipes, Wet wipes, Small Hand Sanitizer

Small Kleenix Packets, Q-Tips (Large packages are fine), Anti-Fungal Creams, Band Aids

Miscellaneous

Khaki Green, Beige, or Black Socks, Tee Shirts (size M, L), Briefs (Size 32, 34), Panties (size 6, 8), Sports Bras (med)

DVDs, AAA and AA Batteries, Pens, Pencils, Gallon, Quart, Sandwich, and Snack Sized Ziploc Bags (to make care packages)

Hand written cards and letters of encouragement for our troops

Shopping List

Individually wrapped hard candy (Twizzlers, Tootsie Rolls, Tootsie Pops, Skittles, lollipops, Life Savers, Jolly Ranchers, Sweet Tarts, etc), Chewing Gum, Bubble Gum, Mints, Breath Strips (no chocolate or home made items)

Nuts, Seeds, Pretzels, Cookies, Chips (Pringle type containers best), Cracker Jacks, Crackers

Trail Mix, Energy Bars, Breakfast and Granola Bars, Instant Oatmeal, Kraft Easy Mac, Ramen, Cup a Noodles

Powdered, Sweetened Drink Mixes (Gatorade, Crystal Light, Kool-Aid), Ground or Instant Coffee, Tea Bags, Hot Chocolate, Cider Mix

Canned Tuna and Chicken (NO PORK!) Beef/Turkey Jerky, Stews, Chili , Raviolis, Soups, Fruit (NO PORK! Pop-top Cans, if Possible)

Personal, Hygiene and Toiletries (We are currently limiting our collections to the following items.)

Disposable Razors, Eye drops, Saline Nose Drops, Unscented Baby Wipes, Wet wipes, Small Hand Sanitizer

Small Kleenix Packets, Q-Tips (Large packages are fine), Anti-Fungal Creams, Band Aids

Miscellaneous

Khaki Green, Beige, or Black Socks, Tee Shirts (size M, L), Briefs (Size 32, 34), Panties (size 6, 8), Sports Bras (med)

DVDs, AAA and AA Batteries, Pens, Pencils, Gallon, Quart, Sandwich, and Snack Sized Ziploc Bags (to make care packages)

Hand written cards and letters of encouragement for our troops